



NASHUA

SCHOOL DISTRICT

Gateway to Opportunity

School Year 2024-2025 **Respiratory Virus, including COVID-19, Guidelines**

REVISED 1/21/2025

NSD will operate in-school daily, as expected, during the 2024-2025 school year; remote learning is not an option.

NSD will continue to follow public health guidelines to mitigate the spread of respiratory viruses, including COVID-19. The CDC updated its respiratory virus guidance on Friday, March 1, 2024. A five-day stay-at-home recommendation is no longer applicable.

NSD encourages students/staff to stay [up to date with COVID-19 vaccines](#) and [take necessary steps to prevent the seasonal flu](#).

[To prevent the spread of a respiratory virus if you are ill](#), please follow recommended public health guidelines. Staff/students should stay home if displaying symptoms of respiratory viruses, including COVID-19, flu, and respiratory syncytial virus (RSV), and return to school when after 24 hours:

- *your symptoms are getting better overall, and*
- *you have not had a fever (and are not using fever-reducing medication).*